

Move * React * Motivate * Grow

Unlock the Potential of Every Child



Fact: Programmed movement and physical activity including, co-ordination, reaction, agility, and balance have a beneficially positive impact on all humans. Not only is improved physical performance achieved, but effects on children include improved academic achievements in reading and writing, improved behaviour, better physical health and wellbeing, increased confidence and improved mental health.

Fact: The Covid Pandemic, together with its subsequent lockdowns and restrictions, has had a major detrimental impact in all areas of our children's development and wellbeing.

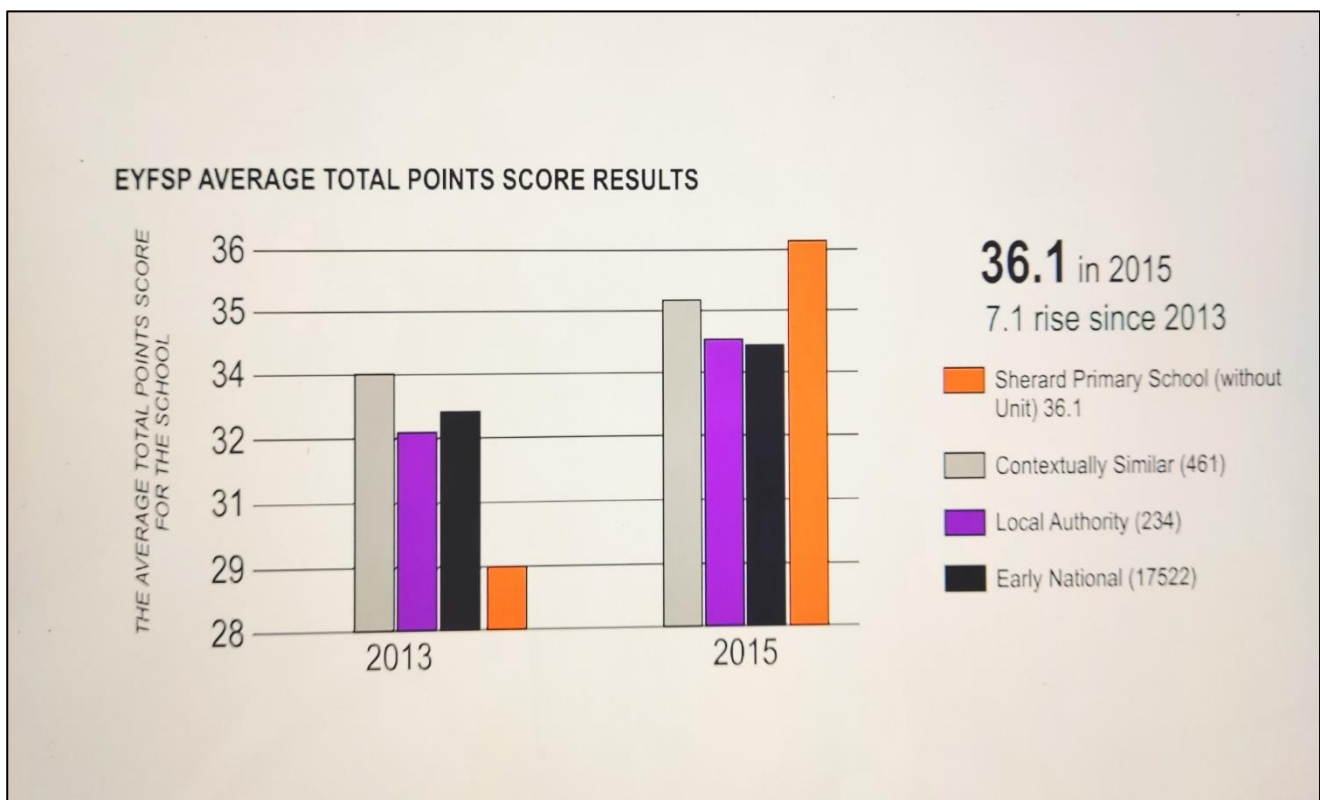
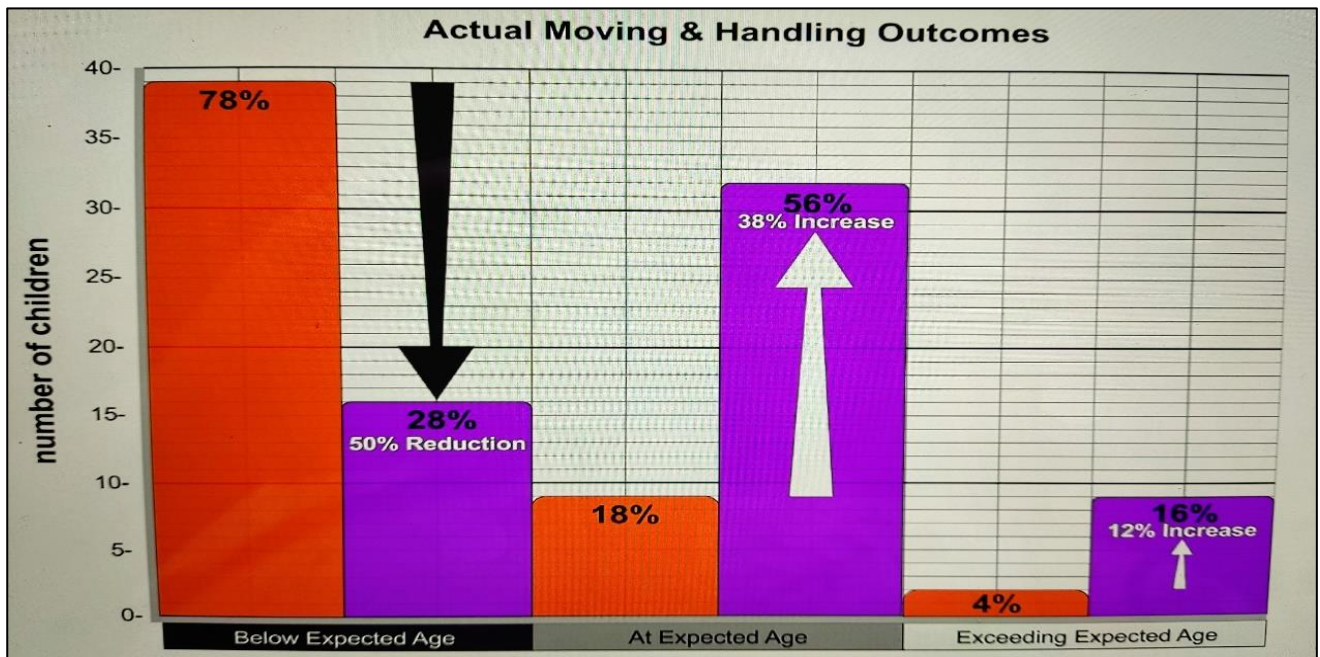
Fact: Over the past 25 years SAQ International has developed and delivered ground-breaking, researched based, physical movement activity programmes. The success of these programmes has resulted in global acceptance and adoption of the programmes by elite premier ship clubs, national sporting bodies, universities, colleges, schools, disability services and community groups.

Australian company, Reaction Advantage Pty Ltd, joined forces with SAQ several years ago to develop a new concept in movement and physical activity training with a training innovation called the Total Reaction Screen (TRS). This technology was included as part of a major UK Public Health funded research project carried out by SAQ which involved over 2,000 primary school children from 14 different schools.



Total Reaction Screen at Ellesmere College, UK.

The focus of the research was to evaluate the impact of structured movement activity programmes on pupil's physical performance, learning abilities, wellness, and confidence. Research results are shown in the graphs below:



Major additional improvements were noted in:

- Fundamental Movement
- Body Control
- Balance
- Agility
- Running Skills
- * Confidence
- * Decision Making
- * Behaviour
- * Handwriting
- * Health & Wellbeing

The time to make these benefits available to all children is overdue.
ACT NOW by contacting:

REACTION ADVANTAGE P/L

SAQ INTERNATIONAL

Distributors of the
Total Reaction Screen.

Training Programmes,
Resources & Equipment

<http://totalreaction.com.au>

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